

Health & Safety Protocols for Fayetteville Martial Arts under Covid-19

Your health and safety are priority to us. Please take note of some of our new procedures in place during the initial phase of re-opening.

Register for a class through FMA University

We are limiting 8 members per class. Registration is required, and each student may attend 2x per week during Phase 1 & 2.



Wearing a Mask

Instructors are required to wear masks. Students are allowed to wear masks, but it is not required.

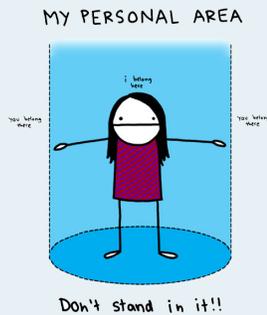
We will not be doing heavy workouts.



Maintain Social Distancing

The mats are marked with "training areas" for each student, at least 6 ft apart. We will ensure a safe distance for each member.

Bring a water bottle. We will not be using the water fountain.



Parents/Visitors should remain outside in car

To maintain social distancing, we will only be admitting students during classes.



Wash or sanitize your hands

Practice good hand hygiene by washing your hands with soap and water or sanitizing before class. Hand sanitizer will be provided before and after class..



Car Line Drop-offs and Touchless Checkins

Each student may be dropped off at the **back door** (Master Edwards will be there to greet everyone!), then parents can pull into a parking space. Each class will be shared on Zoom, so you can watch your family member's class.

Pick up will be at our **front door**, and Master Edwards will be present to assist students.



Our Commitment to Safety

- **Wear sandals or easy on/off shoes. Bare feet will not be allowed off of the mats**
- Cleaning and sanitization before and after each class on all surfaces and training floor
- After class, all members will exit. We will have a 30 break to disinfect before the following class
- No sparring or person to person contact

